

M.Ed. – Counseling & Guidance

School Counseling & Community Counseling

The Counseling and Guidance Program prepares qualified counselors who can work with diverse populations in a variety of settings. The program promotes the development and application of counseling and research skills applicable to the role of the school/professional counselor. The program also focuses on personal growth, the development of ethical behavior and professionalism, and a commitment to provide the best possible education in counseling services to graduate students.

The curriculum of the program is for the preparation of school counselors and meets criteria of the Texas State Board for Educator Certification for endorsement of a school counselor. The program also provides additional coursework and experiences required prior to an individual applying for a temporary license in order to begin a supervised internship for state licensure as a Licensed Professional Counselor. For course descriptions and other information related to graduate studies visit our website at <http://utb.edu/vpaa/graduate>.

Admission Requirements

Evidence of academic achievement and potential for advanced study and research is required for graduate admission. Specific criteria for Unconditional Admission for Master's degree seeking students in Counseling and Guidance are:

- Undergraduate GPA of 3.0
- GRE Verbal score of 400
- GRE Quantitative score of 400
- GRE Analytical score of 3.5

Applicants with an undergraduate GPA of at least 2.5 and/or GRE scores lower than those specified are also encouraged to apply.

Notification of decisions on graduate admission is made by the office of Graduate Studies based on the admission criteria and recommendation of the academic department. Information related to application procedures and deadlines is available through the Office of Graduate Studies.

Oral Interview

Students are required to participate in an Oral Interview, after completion of or during the semester they are completing COUN 6301, COUN 6310 and COUN 6313. The oral must be taken after completion of 6 hours of coursework. The Oral Interview is an evaluative and diagnostic activity conducted by program faculty to assess student work and progress in the program. Interviews are held each Fall and Spring semester. Students will not be allowed to enroll the following semester if they do not successfully complete the oral interview.

Professional School Counselor Certification All Level Thesis/Non-Thesis: 48 Hours

COUN	6310	Introduction to Guidance and Counseling
COUN	6313	Personal Growth
COUN	6301	Intro to Research Methods in Counseling
EPSY	6304	Human Growth and Development
COUN	6345	Career Counseling
COUN	6314	Psycho-Educational Assessment
COUN	6364	Multicultural Counseling
COUN	6368	Group Counseling
COUN	6344	School Counseling and Guidance
COUN	6365	Counseling Practicum

Resource Area

COUN	6327	Theories of Psychotherapy
COUN	6328	Techniques of Psychotherapy
COUN	6361	Intro to Marriage & Family Therapy
COUN	6349	Child and Adolescent Counseling

6 Hours of Electives OR 6 Hours of Thesis

EPSY	6302	Advanced Educational Psychology	} Choose One
EPSY	6311	Advanced Child Psychology	
EPSY	6341	Advanced Adolescent Psychology	} Choose One
PSYC	6313	Abnormal Psych	
COUN	6342	Topics in Counseling and Guidance	
COUN	6305	Group Dynamics	
COUN	6347	Substance Abuse Counseling	
COUN	6351	Crisis Counseling	
COUN	6367	Foundations of Community and Agency Counseling	
COUN	6100-6105	1-Hour Seminars	
COUN	7300 & 7301	Thesis	
Other Approved Electives			

A comprehensive examination is required prior to enrollment in COUN 6365. The TEXES in Counseling is required for students pursuing Professional School Counselor Certification.

Careers



- School: public, private, post secondary
- Private Industry
- Human Resources
- Private Practice
- Social Services
- Mental Health Agency
- Religious Institutions



Course Descriptions

COUN 6310 Introduction to Guidance and Counseling

Philosophy, principles, and current practices of pupil guidance. Pupils' social, emotional, intellectual and attitudinal dimensions are explored. Group guidance and individual counseling techniques that apply in public schools are studied through lectures, discussions and class participation.

This course also introduces the student to the field of counseling and guidance, as well as the major theories of counseling. The student will develop an awareness of the guidance services and the role identity of the counselor. Knowledge of the development of counseling and the present state of the profession will be acquired. The students will understand the importance of personal qualifications and professional preparation standards for counselors. Students will begin to evaluate the self in relation to these qualifications and standards. The course also presents an overview of the purposes and objectives of professional organizations. Also included in the course is an in-depth study of ethical standards and legal issues pertaining to the counseling profession. Lec 3, Cr 3

COUN 6313 Personal Growth

Discussions and practical application of group dynamics within a framework of group therapy.

COUN 6301 Intro to Research Methods in Counseling

EPSY 6304 Human Growth and Development

Advanced study in the application of life-span developmental theories to human behavior, learning and personality. Includes understanding the nature and needs of people at all developmental levels from prenatal through old age. Lec 3, Cr 3

COUN 6345 Career Counseling

A survey and analysis of the processes of assisting people to choose, prepare for, enter, and progress in an occupation. The course trains leaders who can help people make decisions and choices in planning a future and building a career. Lec 3, Cr 3

COUN 6314 Psycho-educational Assessment I

This course explores the theory and techniques of administering, scoring, and interpreting educational and psychological tests. Includes test selection, administration, and the dynamics of test interpretation to enable the counselor to synthesize, integrate, and evaluate appraisal data for use in guidance and counseling. In the last segment of the course, students will practice taking, administering and interpreting a variety of educational and psychological tests. Prerequisite: COUN 6301 Lec 3, Cr 3

COUN 6364 Multicultural Counseling

This course will provide an understanding of the characteristics and needs of culturally diverse clients. The course will include issues related to ethnic groups, gender, family systems, differing lifestyles, and the impact of social, political, and economic factors on specific populations. Techniques for counseling culturally diverse populations will also be covered. Prerequisite: COUN 6310. Lec 3, Cr 3

COUN 6368 Group Counseling

This course develops an understanding of group processes, theories and techniques. Demonstrated competence in this knowledge and in applying group procedures will be required. Prerequisites: COUN 6327 and 6328 Lec 3, Cr 3

COUN 6365 Counseling Practicum I

A study of selected counseling theories and supervised experience in individual counseling. Cases assigned off campus in schools and community agencies. This course must be taken within last nine hours of program. Prerequisites: After 30 hours in Counseling and Guidance, including COUN 6327 and 6328 Lec 3, Cr 3

COUN 6344 School Counseling and Guidance

Students will learn the essential roles and responsibilities of school counselors as they relate to planning, implementation and evaluation of counseling and guidance programs. Students learn research-based practices in school counseling. Ethical, legal, and multicultural issues are emphasized. Prerequisites: COUN 6310. Lec 3, Cr 3

COUN 6327 Theories of Psychotherapy

A survey of prominent theories in psychotherapy and counseling. Specialized approaches such as group therapy, play therapy and family therapy will be studied. Prerequisite: COUN 6310, COUN 6313 Lec 3, Cr 3

COUN 6328 Techniques of Psychotherapy

Primary focus is on techniques and interviewing skills utilized during counseling sessions. In addition, this course addresses how these techniques are applied to special topics and issues such as career counseling, group counseling, and family counseling. Prerequisite: COUN 6310, COUN 6313, can be taken concurrently with COUN 6327. Lec. 3 Cr. 3

COUN 6361 Introduction to Marriage and Family Therapy

This course introduces students to the study of individual and family development, family dynamics, interpersonal relationships and marriage and family systems. The course will include selected theories, methods, and techniques of marriage and family therapy with particular emphasis on multicultural, legal and ethical issues in the practice of marriage

and family counseling. Prerequisite: COUN 6310, 6327. Lec 3, Cr.3

COUN 6349 Child and Adolescent Counseling

This course is an introduction to counseling theories and techniques applied to children and adolescent. Appropriate developmental and cultural issues will be presented. The course is designed to help students become more knowledgeable about current research and approaches for working with this population. Prerequisite: COUN 6327 and COUN 6328. Lec. 3, Cr 3.

EPSY 6302 Advanced Educational Psychology

A research approach to teaching and learning. Human learning, conditions for effective learning, interference with learning and behavioral objectives will be emphasized. Prerequisite: EDCI 4302, 4303 or equivalent. Lec 3, Cr 3

EPSY 6311 Advanced Child Psychology

This is an advanced study of children from conception to puberty, or from the preschool through the elementary level, with emphasis on the roles played by maturation and learning. The course includes a study of recent research dealing with theories of cognitive unfolding and personality integration. Prerequisite: EDCI 4302 or 4303. Lec 3, Cr 3

EPSY 6341 Advanced Adolescent Psychology

The history and systems of adolescent psychology. Modern theories and current research in learning and pupil motivation, especially in relation to various aspects of the educational process. Lec 3, Cr 3

PSYC 6313 Abnormal Psychology

Analysis, etiology, and incidence of neurosis and psychosis, mental hygiene problems, and adjustive behavior. A research project and supporting specialized readings will be emphasized. Students may not receive credit for both PSYC 4313 and PSYC 5313. Lec 3, Cr 3

COUN 6342 Topics in Counseling and Guidance

A course involving study in topics related to counseling and guidance. This course may be repeated when topic varies. Lec 3, Cr 3. Prerequisite: Approval of Graduate Advisor

COUN 6305 Interpersonal Group Dynamics

This course provides an overview of interpersonal process and the field of group dynamics. It is designed to develop the individual's ability to understand and integrate various properties of group and interpersonal relationships into a personal and professional framework. This course cannot substitute for the Group Counseling for the Guidance & Counseling majors. Lec 3, Cr 3

COUN 6347 Substance Abuse Counseling

This course will prepare individuals to counsel drug users, addicts and family members using various preventive strategies and treatment regimes. Includes instruction in outreach; patient education; therapeutic intervention methods; diagnostic procedures and addiction symptomology. Prerequisite: COUN 6327. Lec 3. Cr 3

COUN 6351 Crisis Counseling

The course provides an overview of the psychology of crisis and contemporary theory and practice of crisis intervention. Special emphasis is given to basic features of normative and extreme psychological reactions to crisis and trauma, and the process of successful crisis resolution counselors and emergency first-responders actively promote. Prerequisite: COUN 6327. Lec 3, Cr 3.

COUN 6367 Foundations of Community and Agency Counseling

This course helps students gain knowledge and understanding of community counseling issues including historical foundations, the role and function of the community counselor, and working with specific populations. The administration and function of community counseling agencies are studied with emphasis on the ethical issues confronting various agencies. Prerequisite: COUN 6327, COUN 6364. Lec 3, Cr 3

COUN 6100-6105 Seminar in Counseling and Guidance

Through a series of six steps, develops skills related to helping professions. Primarily for in-service training with counselors and teachers. Prerequisite: Permission of instructor. Lec 1, Cr 1

COUN 7300/7301 Thesis

Pass/Fail Grade. Prerequisite: Approval of graduate advisor Lec 3, Cr 3

M.Ed. – Counseling & Guidance (cont)

Community Counseling 51-Hour Thesis/Non-thesis Program

The Community Counseling track in the Master of Education degree in the Counseling and Guidance is designed to prepare individuals for direct entry into or advancement in counseling and related positions in a variety of public or private counseling agencies. Typical community programs or agencies include mental health centers, substance abuse programs, marriage and family counseling services. Graduates would also be eligible to apply for state licensure and could enter private practice.

The curriculum for the Community Counseling track contains a 51 semester hour program of didactic courses, skill development activities, and intensive supervised practical and internship experiences, once the student completes all required coursework and certification. For course descriptions and other information related to graduate studies visit our website at <http://blue.utb.edu/graduate>.

Testimonial:

“Living in the Lower Valley limits the availability of higher education; however, UTB provided me with the degree that I needed to meet my professional goals. The Counseling and Guidance Program sets high standards for its students, which helps the graduates meet the demands of the profession - wherever they choose to practice.”

- Marianela C. Villarreal

Community Counseling Track Thesis/Non-Thesis: 51 hours

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COUN	6313	Personal Growth
COUN	6301	Intro to Research Methods in Counseling
EPSY	6304	Human Growth and Development
COUN	6345	Career Counseling
COUN	6314	Psycho-Educational Assessment
COUN	6364	Multicultural Counseling
COUN	6368	Group Counseling
COUN	6365	Counseling Practicum I
COUN	6369	Internship I
COUN	6370	Internship II
PSYC	6313	Abnormal Psych

Resource Area

COUN	6327	Theories of Psychotherapy
COUN	6328	Techniques of Psychotherapy
COUN	6361	Intro to Marriage & Family Therapy

6 Hours of Electives OR 6 Hours of Thesis

EPSY	6311	Advanced Child Psychology	} Choose One
EPSY	6341	Advanced Adolescent Psychology	
COUN	6344	School Counseling and Guidance	
COUN	6342	Topics in Counseling and Guidance	
COUN	6305	Group Dynamics	
COUN	6347	Substance Abuse Counseling	
COUN	6349	Child and Adolescent Counseling	
COUN	6351	Crisis Counseling	
COUN	6367	Foundations of Community and Agency Counseling	
COUN	6100-6105	1-Hour Seminars	
COUN	7300 & 7301	Thesis Direction	
Other Approved Electives			

- Note: Where a graduate chooses to practice depends on whether they finish our School Counseling or Community Counseling tracks, and whether they pass the required tests for certification and/or licensure. The above occupational settings
- are subject to additional credentials or training.

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counseling profession. Lec 3, Cr 3

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COUN 6369 Counseling Internship I

Supervised internship in counseling in an approved agency and/or school setting. Prerequisites: COUN 6365. Lec. 3, Lab 10, Cr. 3

COUN 6370 Counseling Internship II

Supervised internship in counseling in an approved agency and/or school setting. Prerequisites: COUN 6369. Lec. 3, Lab 10, Cr. 3

PSYC 6313 Abnormal Psychology

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